Support Staff...

Students will receive mentoring and tutoring services from supportive teachers and peer mentors, including high school and college interns, as well as community members.

"MTA is one of the best programs- it gives kids structure, discipline, and support."

H. Darren McDuffe, Ed.D

"Don't talk about it, Be about it!"

A program of Mind Body & Soul Concepts

Mind Body and Soul Concepts
P.O Box 1120
Escondido, Ca. 92033
760-390-5557
mbsconcepts.com

James Wallace
Program Director
Mentoring Through Action (MTA) Leadership Program
A Model for Academic and Student Success

Interested in having our program and services at your site? Call or email to schedule an appointment. We offer programs for students K-12. We can explore endless possibilities for developing a program that meets your needs.

Tomorrow belongs to the people who prepare for it today.
Our Mission
To improve students’ academic performance, transition negative behaviors into positive thoughts, responses and actions, and improve overall self-esteem through individual assistance, insightful life teachings, and physical fitness activities while bridging the gap between students, parents, schools, and communities.

What is MTA?
Mentoring Through Action (MTA) Leadership Program is a prevention and intervention program model for youth designed to reduce:

- Truancy
- Discipline referrals
- Dropout rates
- Recidivism

*While improving attendance, academic achievement and school/community connectedness

How does it work?
The Mentoring Through Action (MTA) Leadership Program promotes student connectedness and assists students with their academics as well as their social and emotional development.

4 Primary Components:

Academic Support - tutoring and homework assistance
Positive Message - daily encouragement
Physical Fitness Activities - group activities to promote health and wellness
Parental Involvement - parenting classes and workshops

Students are encouraged to learn and grow in a safe, nurturing environment that promotes literacy, fosters self-esteem and challenges them while supporting their success.

When implemented as designed, it yields long-term academic growth and sustainable results for participating students.

“MTA helped me get better grades and have a better attitude.”
- 7th Grade Student

“...All labor that uplifts humanity has dignity and importance and should be undertaken with painstaking excellence”.
- Martin Luther King

MBS was founded by James Wallace in 2001 in response to a community-need to reach out to at-risk youth in an effective and unique way. MBS is based on the premise that youth (just like adults) need to have a balance of the mind, body, and soul, in order to make healthy decisions and maximize their potential.

Students will learn the importance of effective communication, teamwork, responsibility, commitment, perseverance, and problem solving.